

The second sitting of the Society took place on Sunday, the 2nd August, last, at 1 P.M. under the presidency of Prof. R. K. Chakraverty. Sj. Baidya Nath Mookerjee moved the motion "Early marriage is good." He quoted the Sastras and said that as a result of the system, India was rather free from those domestic tragedies which often disfigure the history of the Westerners. Sj. Jitendra Kissore Gupta Roy in a very able speech opposed the motion, and based his reasonings mainly on biological and liberal grounds. The proposal was then keenly debated, after which the president summed up and put the motion before the house. On counting, it was found that there were equal votes both *for* and *against* the motion and the president decided the matter by giving his casting vote against the motion. Thus after a hot and lively discussion the meeting came to an end at 3 P.M.

DHIRENDRA NATH DAS.

Secretary.

OUR EXCHANGES.

Received before the Long Vacation and after:—

Collegian for January and February; St. Columba's College Magazine, Hazaribagh for February; Teacher's Journal for March and May, June with শিক্ষা ও সাহিত্য for চৈত্র and জ্যৈষ্ঠ-আষাঢ়; ভাণ্ডার for জ্যৈষ্ঠ; Presidency College Magazine, D. A. V. College Union Magazine (Lahore), Crescent (Islamia College, Lahore); Hislop College Magazine (Nagpur), Chandbag Chronicle (Isabella Thoburn College, Lucknow), Hughli College Magazine, Commilla Victoria College Magazine,—all for March; Mahamandal Magazine for March, May (2 copies) July, and August; Feni College Magazine—Summer Issue; Ravenshavian (Cuttack), Cotton College Magazine (Gauhati), Students' Chronicle and Serampore College Magazine, St. Paul's College Magazine, Ashutosh College Magazine and Scottish Churches College Magazine all for April and Shiamsunder Memorial College Magazine for August; Brajamohon College Magazine for July—August.

We also hail with delight the reappearance, after a long time, of the 'Devayatana' (the Magazine of the Hindu Academy, Daulatpur). Its get up is excellent and it is full of interesting reading from cover to cover. We wish it a long and useful career.

OUR STUDENTS' DIET.

Contributed by B. C. SENGUPTA, B.A., L.M.S.

Capt. I.M.S. (late),

Ex-Student, Bangabasi College.

One notices with delight and remorse the students' crowd at the public restaurants for nutritious food like egg and meat preparations; with delight because, as Dr. Santoshkumar Bannerjea truly says in his book 'Infantile Cirrhosis' that in Bengal curries act as sauce to rice—the main object being to swallow as much rice as possible; with remorse because, as Dr. Rames Chandra Roy rightly mentions in the 'Bharat Barsha' that tea, cake and other bazar preparations sold as food are undesirable if not actually poisonous. Of course it is not the student's fault that he goes there. It has to do with the lack of the Government and Corporation supervision.

Such being the case, if one has to go to these places one should have only those preparations of egg which can be made in one's presence. I must mention here also that there is no difference between a duck's egg and a hen's egg. The former being larger and cheaper may be taken much more easily. We should always avoid cakes and meat preparations in the public restaurants. From the sweetmeat shop we may take Rosogolla and Gilapi if kept in glass cases and dipped in syrup. They are both nutritious diet. The former is made from curd—the proteid of milk—and the